



## **A Summary Checklist of Evidence-Based Drug Court Treatment Practices**

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*This checklist is designed to assist in reviewing drug court programs' treatment services to determine whether they reflect the use of evidence-based treatment practices. The checklist should be used in conjunction with a companion document entitled "Drug Court Treatment Services: Applying Research Findings to Practice - Issues Commentary and Resource Brief".*

- (1) Are participants placed in treatment immediately following eligibility screening?
- (2) Does the drug court program use standardized screening instruments that have been validated for use with offenders?
- (3) Does the drug court program use a standardized psychosocial assessment instrument that has been validated for use with offenders?
- (4) Does the program assess all participants for mental disorders and history of trauma/PTSD?
- (5) Does the program provide a risk assessment for all participants?
- (5a) (If responded yes to item #5): Are your drug court participants assessed to be at "high risk"?
- (6) Is the duration of substance abuse treatment at least 6 months and no more than 18 months?
- (7) Does drug court treatment include the following elements of cognitive-behavioral and social learning models?
  - Cognitive restructuring
  - 'Criminal thinking'
  - Problem-solving
  - Self-control/self-management strategies
  - Skill-building
- (8) Does the drug court program focus on the following criminogenic needs, in addition to substance abuse?
  - Antisocial attitudes/personality

- Antisocial peers
- Family/marital problems
- Education
- Employment
- Prosocial leisure activities

\_\_\_ (9) Does the drug court program use any of the following evidence-based treatment interventions?

- Contingency management
- Medication-assisted treatment
- Motivational enhancement therapy
- Relapse prevention

\_\_\_ (10) Are specialized treatment approaches used to address the following?

- Co-occurring mental disorders
- History of trauma/PTSD
- Gender-specific issues
- Juveniles/young adults

\_\_\_ (11) Are manualized curricula used to guide drug court treatment?

\_\_\_ (12) Is there a focus on outpatient treatment, with residential treatment reserved for those who have experienced multiple relapses or who are at risk for harm to self or others?

\_\_\_ (13) Are there aftercare services in place?